

# COM Student Mental Health Policy

The study of osteopathic medicine, while rewarding, can also be challenging and stressful. Students are taught healthy stress management and life balance skills early in the medical curriculum; however, students are always encouraged to seek mental health assistance whenever necessary. A variety of confidential counseling and behavioral health services are available to CHSU COM students, ranging from simple counseling to clinical psychiatric care and substance abuse treatment.

General counseling services are offered to CHSU COM students from an on-site licensed therapist. The therapist is free to all CHSU COM students and provides confidential counseling, resource information, education, activities and referral services to students and families. Students should contact Student Services for assistance and for contact information.

Additionally, CHSU contracts with a behavioral health service to provide 24 hour behavioral health care services. The contact information for this service is available on the student affairs page of the website at: <https://osteopathic.chsu.edu/student-health-and-wellness/#mental-health-services>.

A list of this service and other behavioral health lines and service providers is also available on the student affairs page of the website.

In the event that a student feels that he or she may harm themselves or others, they are advised to dial 911 or go to the nearest emergency department.

## Health Care Services Available to Students:

### Hospitals with Emergency Room Services: Website / Phone Number

**Clovis Community Medical Center** <https://www.communitymedical.org/hospitals-facilities/clovis-community-medical-center>  
2755 Herndon Avenue  
Clovis, CA 93611 Phone: 559-324-4000

**Saint Agnes Medical Center** <http://www.samc.com/>  
1303 East Herndon Avenue Fresno, CA 93720 Phone: 559-450-3000

**Kaiser Permanente** <https://healthy.kaiserpermanente.org/>  
7300 North Fresno Street Fresno, CA 93720 Phone: 559-448-4500

### Urgent Care Services:

### Website / Phone Number

**Peachwood Medical Group Urgent Care** <https://www.peachwoodmedicalgroup.com/urgent-care>  
275 West Herndon Avenue Clovis, CA 93612 Phone: 559-324-6201

**Premium Urgent Care** <http://premiumuc.com/>  
2021 Herndon Avenue, Suite 101 Clovis, CA 93611 Phone: 559-797-4315

**Dry Creek Urgent Care** <http://www.drycreekclovis.com>  
2151 Herndon Avenue, Suite 102 Clovis, CA 93611 Phone: 559-297-8389

**Willow Urgent Care** <https://www.willowurgentcarefresno.com>  
6721 North Willow Avenue, Suite 101 Fresno, CA 93710 Phone: 559-324-0911

**United Health Centers** <https://unitedhealthcenters.org/clovis-herndon>  
2497 E. Herndon Avenue, Suite 103 Clovis, CA 93611 Phone: 800-492-4227